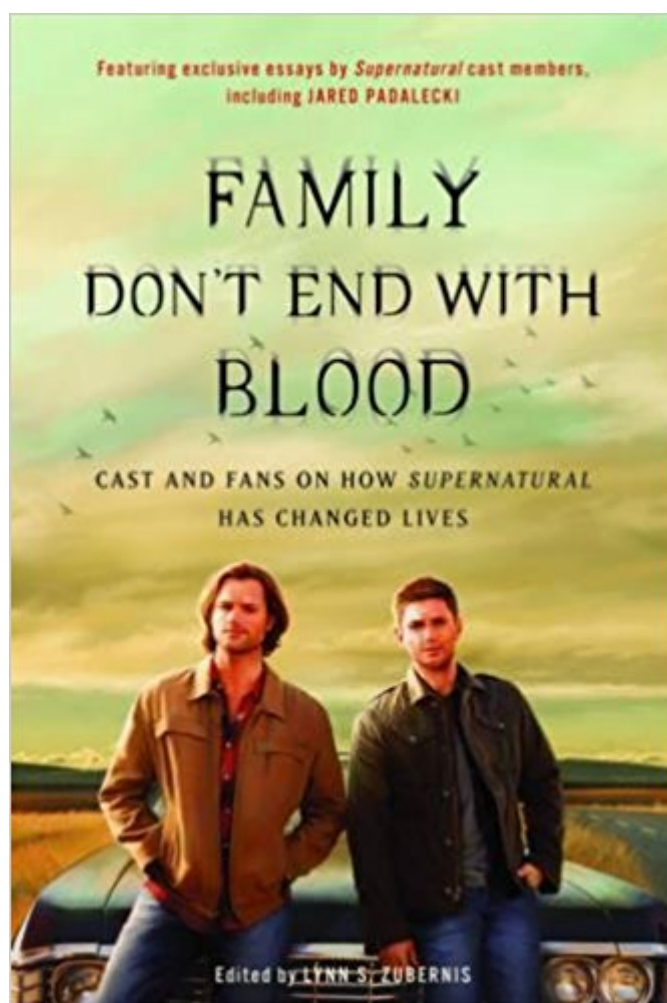


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# Family Don't End With Blood: Cast And Fans On How Supernatural Has Changed Lives



## Synopsis

How a Show, and the Support of Its Fandom, Changed—and Saved—Lives—*Supernatural*, a three-time People’s Choice Award winner for Favorite Sci-Fi/Fantasy TV Show and Tumblr’s 2015 Most Reblogged “Live Action TV,” has made a name for itself by supporting and encouraging its fans to “always keep fighting,” and a memorable line from early in the show’s run, “Family don’t end with blood,” became an inspiring mantra for many who found community in the fandom. In 25 powerful chapters written by *Supernatural*’s actors and fans, including series lead Jared Padalecki, plus special messages from Jensen Ackles, Misha Collins, and Mark Sheppard, *Family Don’t End with Blood: Cast and Fans On How Supernatural Has Changed Lives* examines the far reach of the show’s impact for more than a decade. *Supernatural* has inspired fans to change their lives, from getting sober for Sam to escaping a cult to pursuing life-long dreams. But fans aren’t the only ones who have been changed. The actors who bring the show to life have also found, in the show and its community, inspiration, courage, and the strength to keep going when life seemed too hard. Including essays and special messages from *Supernatural*’s cast: Jared Padalecki (“Sam Winchester”) Jensen Ackles (“Dean Winchester”) Misha Collins (“Castiel”) Mark Sheppard (“Crowley”) Jim Beaver (“Bobby Singer”) Ruth Connell (“Rowena MacLeod”) Osric Chau (“Kevin Tran”) Rob Benedict (“Chuck Shurley aka God”) Kim Rhodes (“Sheriff Jody Mills”) Briana Buckmaster (“Sheriff Donna Hanscum”) Matt Cohen (“Young John Winchester”) Gil McKinney (“Henry Winchester”) Rachel Miner (“Meg Masters”) Collected and edited by Lynn S. Zubernis, a clinical psychologist, professor, and passionate *Supernatural* fangirl, *Family Don’t End with Blood* provides an insightful and often uplifting look into the way international fan communities become powerful, positive forces in the lives of so many. In keeping with the show’s message to “always keep fighting,” a portion of the proceeds from the book will be donated to RANDOM ACTS, a nonprofit founded by Misha Collins, and ATTITUDES IN REVERSE, whose mission is to educate young people about mental health and suicide prevention.

## Book Information

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## Customer Reviews

"No one knows the world of Supernatural better than Lynn Zubernis" and this collection is a compelling exploration of the powerful binding spell woven by the Winchester brothers'™ saga, and a terrific road map of the heavenly rewards that come from being part of the show or its one-of-a-kind fandom. In short, this book rocks." "Maureen Ryan, Variety "œFor those who think that Supernatural is just another show, or who think its Fandom is just like any other fandom, Family Don't End With Blood is a sweet introduction to everything that makes the Supernatural experience unique. I can offer it no higher praise than this: It already occupies an honored place on Metatron's bookshelf!" "Curtis Armstrong, author of Revenge of the Nerd and actor on Supernatural, Revenge of the Nerds, Risky Business, Better Off Dead, and Moonlighting

Dr. Lynn Zubernis is a clinical psychologist, a mom of two, a university professor; and a passionate fangirl. She fell in love with the television show Supernatural, discovered the wild and wonderful world of fandom, and has never looked back. Her writing celebrates all the positive things that come with being a fan; inspiration, creativity, self-expression, validation, and a support system that extends across the globe. She has written for publications including Slate, The Conversation and Supernatural Magazine about fandom, chairs the stardom and fandom area of the Southwest Popular Culture Association, and has contributed to many articles, podcasts, and documentaries on fandom; including NPR's piece on Supernatural. She cowrote and was associate producer for the upcoming documentary Squee! The Fangirl Documentary and blogs at fangasmthebook on Wordpress. That's her academic half; the fangirl half writes fanfiction whenever she can, braves the lines at Comic-Con, collects Supernatural gifs on Tumblr (yes, we have a gif for everything), and has purchased way too many photo ops at Supernatural conventions.

So glad I purchased this book. I suggest that you do not attempt to read without tissues nearby. It was inspiring to see stories from so many fans, cast, and crew members. This show really has

touched so many lives and made so many positive changes for folks. So many things resonated with me on a personal level. -Granny Goodwitch

I love the show and now the book my book just came in the mail and very happy I read every book there is out there and this I never saw know I will start to read it thanks for the one

I was incredibly excited for this book to come out, and knew that I would end up reading it in one sitting (as Lynn's previous books have all been page turners!): it did NOT disappoint! What surprised me was just how emotional I was throughout the book "even within the first few pages of Lynn's introduction I already literally had tears streaming down my face. It's because this book captures exactly what makes the SPNFamily SO incredibly special with how the fans and the cast are there for each other, being supportive and loving every step of the way. I know the show has changed my life in a multitude of ways, and being able to read fellow fan's stories about how much it affected theirs always makes my heart soar. I know a lot of people will end up picking this book up solely for the cast submissions, and let me tell you, those were amazing in and of themselves (though I would tell you to please read the fan ones as well because they are just as gorgeous). The cast opened up their hearts, and you can feel the love emanating from their pages that they wrote so freely on. I absolutely cherish these stories, these love letters to the fans. Thank you again Lynn for putting this beautiful piece together! It is a must have for any SPN fan, and I highly recommend it for those unfamiliar with the show as it gives you the perfect inside look at the magic that is the SPNfamily.

Chock-full of incredible first-hand content from some of your favorite Supernatural actors and fans, most never-before heard. Special content from various organizations involved with Supernatural, including Wayward Daughters. The perfect gift for a Supernatural superfan in your life.

Holy crap, these stories are intense! I'm so glad that this book was written; for anyone who feels like a "freak" for identifying with fictional characters, this one is a must. The stories are human and thoughtfully written. I don't know why one has never come out before. There are some real eye-openers, like "Wayward AF" by Kim Rhodes and "Stroke Of Luck" by Rob Benedict, not to mention "My Hero Wears A Beanie" and "Sober For Sam". But it's Jared Padalecki's story that really hit me hard. I read it twice crying both times because I've totally been where he is. I am in awe of the honesty and bravery of his essay and truly appreciate how hard it must have been for him to

write it and share it with us. Thank you so much, Jared. And thank you, Lynn Zubernis for writing this and making me feel less like a freak! Now I understand WHY I identify the way I do. I am empowered!

An amazing book that derived from an amazing little TV Show that has accomplished what no other show has... creating a true Family of all who participate in the world of Supernatural. Wonderful stories told by Cast, Crew, and Fans, this is a wonderful book that will make you laugh, cry, and feel better about people too. Whether you are a fan of the TV show Supernatural or not, you will enjoy the stories told in this book.

Family Don't End with Blood: Cast and Fans on How Supernatural Has Changed Lives

I didn't know what to expect, but was rocked to my soul by the honesty on the pages. They don't call life a struggle for nothing. The contributors tell of their struggles, yes, but also tell a story of hope. One doesn't have to be a fan of Supernatural to benefit from these stories. Read it and discover the reality: "You are not alone."

If you're part of the SPNFamily, this is a must-read. Be sure to grab the tissues! Heartfelt, emotional, uplifting, wonderful, a real love letter to (and from!) the fans, and the cast and crew, as well.

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